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DAILY NEWS

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Photo courtesy of Ontario Police Reports

Brampton woman's disappearance sparks fears

by **Joe Snider**

Peel Regional Police 22 Division's Criminal Investigation Bureau are seeking assistance in locating a missing 39 year-old female from Brampton.

Mabel Obanor was last seen at approximately 5 o'clock Tuesday

afternoon at her residence in the area of Creditview Road and Wanless Drive, in the city of Brampton.

She's described as female, black, 5'11", medium build, with brown, short, straight hair. She may have been wearing a pink dress, grey hat and brown shoes when she left her

residence.

Anyone with information on the whereabouts of Mabel Obanor is asked to call the 22 Division Criminal Investigation Bureau at (905) 453-2121, ext. 2233.

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Board Helping
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Frustrated Resident wants Mississauga to put brakes on 'Haig Speedway'

by **Marco Patrone**

Tired of watching lead-footed drivers turn his once 'quiet street' into the 'Haig speedway,' Patrick Goodrow is 'pleading his case' with Mississauga council for a reduced speed limit.

"I've even stood out in the middle of Haig and asked people to slow down. It's gotten to be pretty bad," he told a meeting of Mississauga councillors May 24th.

Haig Blvd. is a two-kilometer long street that runs parallel to Dixie road just west of the Dixie mall.

After 38 years of living on Haig, Goodrow has spearheaded a campaign to reduce the speed limit from 50 km/h to 40 km/h.

"I've taken it unto myself to put 'please slow down

signs'. The first weekend it was effective. Since then, it's not effective anymore. As of Sunday night, I've had 12 signs stolen."

There are children, seniors, dog walkers and joggers crossing the street on the regular basis and the increasing traffic and speeding is a safety concern for local residents. He submitted a petition with 14 names on it calling on council to reduce the speed limit to 40.

Goodrow says he's spoken to police whom he says can 'pay their salaries' with the tickets they've handed out to people running the stop signs at Brooks [Drive] and Haig.

While the speed limit is currently 50 kilometres per hour, he says it's not uncommon for drivers to go blow past 60.

"I've noticed over the course of this time the traffic speed from all the new residential housing from the amount of families who are, kids who are moving back. We're having some houses with two, three, four, upwards of six cars per family. It's gotten to be terrible. I refer to it as the Haig speedway."

Ward 1 Councillor Jim Tovey says he's witnessed the problem on Haig first hand. "I'm very familiar with the problems on Haig. I've gone over there and watched, sat at the side of the road in my car and watched and observed," he said.

Tovey asked staff to prepare a report on the matter for council to consider the request for a speed limit reduction on that street.

Peel Regional Police Welcomes Thirty New Constables

Peel Regional Police has welcomed its newest batch of constables.

The proud graduates were sworn into the force in front of their families this past Wednesday (May 24) during an inauguration ceremony held at the Emil V. Kolb Center in Mississauga.

Constables are now assigned to training officers at their assigned operational divisions where they'll enter the final phase of their training.

The following Recruits received their police badges:

Spencer Whyte
Khile Goveia

Colin Ewan

Michael Thornhill

Peter Grant

Chadwick Mossop

Trevor Lau

Jeremy Rupcic

Matthew White

Candice Ziol

Amanda Pileggi

Thomas Rao

Abdul Tahir

Christine Ladniak

Jessica Crispin

Dominique Bannock

Pawandeep Sandhu

Yashkumar Chaudhary

Ryan Evans



Abigail Langton

Cathie Vo

Edil Aden

Amber Lamarch

Bruno Branco

Emin Osmani

Clive Magill

Nitin Gajjar

Hugo Lopez

Brandon Ber

For more information, visit Peel Regional Police at www.peelpolice.ca/en/job-opportunities/policeoffice-runiform.asp



Peel District School Board HELPING STUDENTS to succeed

by **Steve Porter**

At a time when the public education system is receiving widespread criticism, the Peel District School Board is offering very promising news. According to its latest media release, **the high school graduation rate now stands at 93 per cent**, more than five per cent above the provincial average of 87.7 per cent.

Carol Speers is the superintendent of Alternative programs for Peel Region. In a recent

interview she explained that the discrepancy between the two numbers is partly due to the way the province factors in students who transfer to other boards during their high school years.

Peel's graduation rates have also increased dramatically since 1979 when the rate was at 79 per cent. More important than the statistics however, are the supports which help and encourage students to remain in school.

Speers pointed to a number of progressive programs employed by the board. "Credit recovery

programs help students to pick up a missed credit during an ensuing semester. Co-op credit packages are also more flexible than the provincial program. In addition, credits can be earned through the supervised work programs."

All schools also have a success teacher who acts as a caring adult mentor, assisting students who are deemed to be at risk and hooking them up with the programs which best fit their needs. She added: "Students with an interest in pursuing specialized careers such as health and

welfare, transportation, or the hospitality industry are provided with Specialist High School Majors in grades 11 and 12."

As math and literacy can be chief stumbling blocks for certain students, teaching and learning is stressed throughout the school years. Literacy and numeracy are given a priority and after school assistance is offered to help struggling students. As exams can be challenging for many, test taking skills are offered to help students better read and answer exam questions.

The advance in technology has also aided in accommodating differentiated learning. Since students learn in diverse ways, the ability to use technology to understand concepts and complete assignments helps students to express their knowledge in ways other than the traditional written report.

Moving forward, math will continue to be a major focus in all grades.

Although the numbers are impressive, it is clear they take second seat to helping move students towards

a more positive attitude towards school and giving them the tools and programs to achieve their goals. Speers emphasizes that a dialogue with students about how to engage youth is integral to success. Working with each student as an individual with different needs and strengths is helping more students to reach their potential, which will likely result in their remaining in school and moving on to higher learning. This all bodes well for the future of students, not only in Peel Region, but throughout the province.



Region of Peel Announces \$69 Mil- lion in Wastewater Project Funding

by **Alex Gregory**

The Region of Peel's wastewater facilities are about to get a major upgrade.

The Government of Canada announced Tuesday morning that 30 new projects in the Region of Peel have been approved for more than \$69 million in federal funding in order to upgrade and maintain water and wastewater facilities.

Navdeep Bains, Minister of Science, Innovation and Economic Development, announced the funding during a press conference at the Lakeview Waste Treatment Plant in south

Mississauga. The projects being funded include facilities located throughout Brampton, Caledon and Mississauga.

The funding is part of a larger initiative, the Ontario-Canada Clean Water and Wastewater Fund, a cross-government agreement to maintain the quality of water for Canadian families. Projects approved through the CWWF include flood storage facilities that will mitigate flooding risks and environmental assessments to address erosion control and protect stormwater infrastructure.

The Government of Canada is contributing up

to 50% of the eligible costs (over \$69 million) and the provincial government will be contributing up to 25%, with the recipient(s) funding the remaining balance.

Bains said that the projects being supported would ensure that families have access to reliable water and wastewater services that meet their needs, as well as lay the foundation for additional opportunities to support Canada's middle class. "Investing in water and wastewater treatment infrastructure is essential to maintaining a healthy environment and providing access to clean, reliable drinking water," he said.

Pearson Airport Gives Tours

by **Anne McLaughlin**

With all the bad raps airlines have taken recently, Toronto Pearson International Airport is taking a friendlier approach:

- Ever thought about touring the airport and getting a bird's eye view to all the action? You can book a tour out on the airfield and drive around a major aviation hub. For more information on the airfield tours, visit torontopearson.com/en/airsidetours.
- People who want to provide comments and feedback to the Community and Noise Advisory Committee can attend meetings on June 21 and Sept. 27
- If you want to get more of



Photo courtesy Pearson International Airport

a behind the scenes look at the airport, a Street Festival has been set for June 17

- And finally the walk/run on the Runway Run scheduled for Sept. 23 will raise funds for the Propeller Project.

Brampton releases its annual Review ... and it could be a game changer

by **Anne McLaughlin**

The City of Brampton is receiving kudos for its 2016 Annual Review compiled by the Economic Development department. Approximately 6,400 local and national businesses received the Review online while hundreds more have received hard copies, which all in all cost Brampton \$15,000 to produce. Brampton is positioning itself as being unique with a young and growing population unlike the aging population being seen across the country.

The Annual Review allows the Economic Development department to measure whether or not it has met its goals and plans for economic success. The data accumulated has allowed the City to go through it with a fine toothed comb and four key sectors have emerged as key priorities: Health and Life Sciences, Advanced Manufacturing, Innovation and Technology, and Food and Beverage as well as key ongoing and upcoming initiatives based on the City's Strategic Plan.

It has been welcomed by

the business community, who have been receptive to the City's focus on positioning its place as a global leader and a significant urban centre.

Here are some excerpts and highlights:

"Brampton continues to prosper, led by sustained economic growth. As Brampton moves onto the global stage, there are exciting developments setting the stage for innovation and growth. A university is the single greatest incubator and catalyst for more jobs, development and investment in our city. On Oct. 26, 2016, Finance Minister Charles Sousa announced a provincial commitment to build a university in Brampton. Brampton will be home to a unique centre for education, innovation and collaboration- to build industry partnerships, promote research and commercialization, and deliver the skills needed to be successful today and in the future," said Brampton Mayor Linda Jeffrey.

Brampton's Economic Development and Culture

Office's newly-released annual Economic Review is highlighting 2016 successes and demonstrates how the city is positioned for growth in 2017 and beyond. The report was met with wide acclaim with more than 200 businesses on hand for the Review's official unveiling. The Review's findings indicate the city will be a force to be reckoned with as development growth is expected to continue until 2041.

As the city grows and modernizes, Brampton's economic development approach is transforming to match. Combining traditional strengths with a clear view of where the jobs of tomorrow will be, the city will be targeting services and outreach around four key sectors. Sector managers have been established as direct points of contact for the Advanced Manufacturing, Food and Beverage, Health and Life Sciences, and Innovation and Technology sectors. Also working to streamline services a new expeditor, will across all sectors to facilitate

and guide investors through the development approval process.

"We're building something exciting in Brampton," added Mayor Linda Jeffrey. "Our young, fast growing population, our position in the middle of the Waterloo-Brampton-Toronto Innovation Super Corridor and our vision for the future is changing the game in Brampton."

Councillor Jeff Bowman, Chair of Economic Development, explained how the City is positioning itself as a significant competitor to other Canadian and global cities. "We're focusing economic development on key sectors that reflect traditional strengths and look ahead to the skills and industries of tomorrow. And we've taken on a commitment to grow cultural vibrancy in our city, adding to our competitive edge through quality of life."

For more information call 905.874.2650 or visit brampton.ca/business.



Image courtesy of The City of Brampton



Peel Manor Gets a Facelift

Long-term care facility in Brampton receives official plan amendment

A long-term facility in Brampton is getting a new lease on life.

Brampton City Council approved a zoning and official plan amendment on Wednesday afternoon to allow for redevelopment of the Peel Manor Long Term Care centre. This collaboration between the Region of Peel and City of Brampton will result in enhanced care for seniors and more liveable spaces for residents.

Key to this project is a land exchange where the City will give up part of the Murray Street Park, allowing construction of the new long-term care facility. When the new facility is complete, the existing building will be demolished, and a portion of the land will become part of the Murray Street Park.

"This project is a great example of how the right partnerships create value," said Regional Councillor Elaine Moore, Chair of the Planning and Development

Committee. "It's really a centre of excellence for seniors."

The Peel Manor Long Term Care building has reached its useful lifespan, and significant improvements are now required.

This project will increase the current configuration's capacity, and will add living space for those with specialized needs. There will also be additional Adult Day Service, with 60 spaces available to serve 75-100 participants each day over various shifts. The Region of Peel has been envisioning the area around Peel Manor as a regional Seniors' Services Hub.

"The redevelopment of Peel Manor shows how health partnerships can contribute to employment and improve quality of life in Brampton," said Bob Darling, Director of Economic Development and Culture and the corporate leader

responsible for the City's Health Partnerships initiative.

The re-imagined Murray Street Park will also feature greater connectivity to and from the seniors' hub.

The new Peel Manor is less than two kilometres away from the area the City is envisioning as a health cluster around the new Peel Memorial Centre for Integrated Health and Wellness.

A recent study outlined a core strategy to build on existing strengths in the health and life sciences sector with forward-looking thinking and technology advancements.

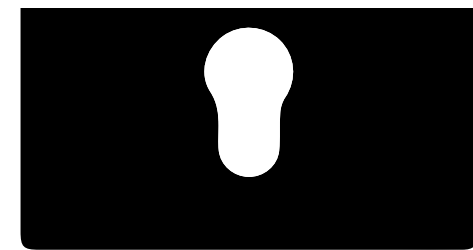
Long-term outcomes of a health cluster development include: a better quality of life in Brampton based on more and higher-paying jobs, smart growth within the downtown centre, and advancing the City's global reputation for innovation and excellence.



City of Brampton



over Brampton gun incident prompts call for review of school lockdown policy



by **Marco Patrone**

A city councillor wants a review of Peel region's school lockdown policy after a recent gun call that sparked a neighbourhood panic in Brampton.

It stems from an incident on the afternoon of May 12 in which police responded to reports of a man carrying a gun in the area of Conestoga Drive and Wexford Road.

The board was quick to order stepped up security at three area schools.

Brampton Ward 2 and 6 Councillor Doug Whillans says the board's handling of the incident was appropriate, but is concerned that 'premature' lockdowns cause "panic in the neighbourhood especially with the parents of the students at that school."

"Can you imagine if [parents] at work and wondering 'geez, what's going on? I wonder if little Johnny's ok?' Turns out some kid had a pocketknife. Is that reason for a lockdown? I don't know."

Three men were later

arrested in connection with the May 12th incident and a gun reportedly seized, but it remains unclear as to whether it warranted the extraordinary security measures taken at three area schools.

Heart Lake Secondary School was ordered locked down while security was also stepped up Conestoga Public School and Rowntree Montessori Schools despite the incident taking place off school grounds. Whillans says such incidents used to be rare.

"Times are changing. Maybe we have to look at the way we do things. It's kind of a catch-22. If it's premature, it causes just as much panic as it does if it wasn't a premature lockdown".

Whillans says stepped up security measures in which students are prevented from leaving or entering a school may be necessary, but adds if such incidents continue to grow in frequency, the precaution of locking down a school must be weighed against any negative impact on student education and the threat of panicking

residents.

"Sometimes they may overreact but it's for the safety of the children. You can never be too cautious. It could've been a pellet rifle for all we know."

The growth of the population in Brampton may be a factor in the number of incidents. Whillans says that given the majority of incidents are 'minor' as in the presence of the pocketknife or unsubstantiated gun rumours, it may be time to review the board's policy of when a school lockdown is justified. He wants the police and the school board to revisit the protocols used to determine when and under what circumstances a lockdown is warranted.

"As we grow, let's see what the policies at the Toronto District School board are doing to see if there's anything that they're doing that we might be able to do here, maybe, to see if we can work with them. If they keep happening, maybe we have to revisit these occurrences, maybe have more police presence in certain areas," he said.



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39th Annual Bread and Honey Races Set for June 3rd and 4th!

by **David Robinson**

I am going to take you back to the winter of 1977. If you were around, you most likely will remember.

If you weren't, then this will serve as a lesson in local history.

Mississauga was a new city and Hazel McCallion was the new mayor. Square One Shopping center was surrounded by corn fields, cows and horse farms.

A couple of local teachers and amateur runners Peter Anderson and Bruce Hill got a running club going because they were getting fed up training with each other preparing for the Around the Bay Road Race and the Boston Marathon.

They formed a little club called the Credit Valley Marathon Club. A few crazy people signed up and they started doing Sunday morning runs out of Streetsville. A couple of years go by, things were

going pretty well so they decided they wanted to organize a local race. Some meetings were arranged with the Streetsville Bread & Honey Festival, local police and the Streetsville Secondary School and low and behold the Bread & Honey 15k was born. The inaugural race the first weekend of June 1977 was a success with over 200 people taking part.

Today, 39 years later, the race is one of the biggest events on the local running calendar with over 1200 people taking part in a variety of distances from 1 mile to 15k.

For the last 12 years, local runner/triathlete and former "pack a day" smoker Ellie De Souza has passionately guided the race to success both as a competitive running race and a fund raising vehicle for local charities. Twenty years ago Ellie could not

have dreamed she would have accomplished so much in the sport of running. She beat her addiction to nicotine by taking up running. She tried her first race, loved it and has since gone on to complete 2 Ironman triathlons, several 1/2 Ironmans as well as 35 marathons including 9 trips to the famed Boston Marathon.

Being the can-do, get-it-done person she is, she jumped at the chance to take over the Bread Honey when no one else would step up. It is a big job that takes a lot of diverse skills and loads of time.

During the 12 years on the job, she has had to change the course several times due to construction, she has brought in new sponsors, and raised of \$130,000 for local charities like the Hospitals of Peel, The Caring Network and the Mississauga Y. She has been

the driving force behind an increase in participation from just a few hundred to all time high of 1500. Behind her is a small group of hard working volunteers mostly from the Nomads Running Club an outgrowth of the former Credit Valley Marathoners. It is been a winning combination that keeps on ticking. Next year will be the 40th anniversary and Ellie intends to be at the helm to celebrate.

This year's addition has race distances for everyone. For the first time the race will feature a 1 mile challenge which will take place right on Queen St. in Streetsville. It will begin at 10:30 am Saturday June 3rd. The Bread & Honey Parade will follow the race. This new race is a different twist designed to bring out beginner runners who might otherwise be intimidated by longer distances. It will also be great for those runners

who want to test their speed over a short distance. Special unique Canada 150 finishers medals will be handed out to all participants based on your finishing time.

The following morning there will be 3 races including a family 1k, 5k and the feature 15k event.

Ellie hopes that these varying distance will help increase participant numbers which has sagged somewhat in recent years. The sport of endurance running has seen some declining attendance in recent years, due in part to changing demographics, rising costs and a multitude of race event options.

Also new for this year is the race venue. Traditionally the race has been marshalled from Streetsville Secondary on Joymar. Due to construction, the venue has changed to the Kinsmen Seniors Center in the village of Streetsville. Ellie feels

this is a great venue and will serve as the home of the race for years to come. The other big bonus to the new sight is its proximity to the Streetsville Park home of the festival. "We want to do everything possible to encourage our runners to attend the festival. The festival organizer have been very good to us over the years," adds, Desouza.

The race has attracted some very quick athletes over the years.

Some cash prizes are on the line for the top 5 runners in the 5k and the 15k beginning at \$500.00 for first place.

Last year's winner Hajin Tola and Lioudmila Kortchaguina in the 15k as well as Ben Carson and Lyndsay Tessier in the 5k are expected to return.

For more information, visit www.breadandhoneyrace.com.

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Jagmeet Singh – Is he ready for Ottawa?

by **Surjit Singh Flora**

With the decision by Jagmeet Singh to compete for the leadership of the federal New Democratic Party, the current deputy leader of the Ontario party is making his much-anticipated move to a larger political stage.

Singh clearly has his work cut out for him in the coming months.

The Bramalea-Gore-Malton MPP has been the subject of a number of accolades lately. He has been described as a young and energetic leader, listed as one of the “50 Most Influential Torontonians” in 2015 by Toronto Life magazine, and he has been named one of Toronto’s best-dressed men.

He has an almost fanatical youth following

in his riding and has distinguished himself in public life for his vigorous advocacy in the fight to reduce auto insurance premiums, while raising awareness about people forced to work in tenuous temporary jobs secured through temporary job

agencies. Now the 38-year-old criminal defence lawyer and turbaned Sikh, seems poised to rock and roll his way to the leadership of the federal NDP party in the hopes he can rock federal politics itself take on Prime Minister Justin Trudeau in the next federal election.

In his quest for the leadership he’ll have plenty of help.

In addition to being

popular amongst Sikh voters, he boasts the support of such NDP movers and shakers as party youth wing co-chair Ali Chatur, Manitoba MLA Nahanni Fontaine, Quebec organizer, former Jack Layton speech-writer Willy Blomme, and Peel District School Board

trustee Harkirat Singh. It’s rumored his campaign will be led by Michael Hay—the executive assistant to Toronto city councillor Michael Layton, son of late federal NDP leader Jack Layton.

While Trudeau’s approval rating has dropped somewhat, pundits maintain it’s the normal 15 month post election easing and in no way does it indicate any trends for

the future, nor provide any evidence of change in the fortunes of the Prime Minister and the Liberal party.

Singh clearly has his work cut out for him in the coming months. He will need to work hard, engage the party and the public well beyond his home riding and

In his quest for the leadership he’ll have plenty of help.

his home province—gaining public recognition and trust before he can attack the governing liberals.

Singh is not without experience. He was elected to the Ontario legislature in 2011, is the deputy leader of his party, and is his party’s critic for issues concerning the Attorney General of Ontario and the Ministry of Government and Consumer Services.

One thing is certain in the leadership race to come; Singh bears watching and it will be interesting to hear his platform and see how he intends to lead his party back to the status of a contender in the next federal election. In Brampton he is known to be a youthful, charming,

intelligent, dapper, and popular politician. How the nation sees him both in this leadership race and should he win, as a leader of the federal NDP, is another story

Brampton-based Surjit Singh Flora is a veteran journalist and freelance writer.



Photo Credit Twitter News Feed

Back to the Future: Major GTA Transit Hub

In our rear view mirror

by **Danny Nicholson**

The date was November 21, 1980

For TTC riders in what was then known as the Borough of Etobicoke, subway service on the Bloor-Danforth line, now referred to as Line 2, was extended west from Islington Station to Kipling Station. To the east, subway service was also extended from Warden Station to Kennedy Station.

Transit customers could now spend less time on the numerous bus routes in Etobicoke, and get to where they needed to go in a much more convenient and reliable fashion.

That was then ... this is now

Big plans are already in the works to refurbish Kipling Station into a major west-end transit hub to include GO Transit and the MiWay bus system from Mississauga.

Ontario’s Minister of Transportation Steven Del Duca recently unveiled details of the proposed changes along with Mississauga Mayor Bonnie Crombie, TTC chair Josh Colle and Metrolinx vice-president Michael Wolczyk.



Illustration credit Daniel Johnson Architect Inc Kipling GO

Three bidders:

1. Bird/Kiewit,
2. Ellis Don Infrastructure
3. Kipling Infrastructure Partnership

were selected in a Request for Qualifications process, and their planning is underway.

“This new mobility

hub will support local residents by making their commute faster and less stressful in this region,” said Del Duca. “This announcement is the next step toward making this a reality and is proof that our government is committed to improving

our transit networks to enhance the quality of life for all commuters in Ontario.”

Eyes to the Future

These changes will allow for improved GO rail service on the Milton line and support the Province’s GO Regional Express Rail project for a faster and more frequent service.

Daily ridership on the GO Milton line is expected to increase from 1,500 to 6,000 by 2025.

The expansion project will include an elevated pedestrian bridge and a pedestrian underground tunnel, a new entrance, renovations to the existing GO Kipling

Station and the TTC pick-up and drop-off area.

A new bus terminal building will be added for MiWay and GO Transit as well as parking upgrades, improved car, bike and pedestrian access and traffic signals.

Now, the TTC’s Kipling Station is accessible, Wi-Fi enabled, has parking and even a bike repair shop.

Eleven TTC bus routes currently service the station, including the 192 Airport Rocket, an express service to both terminals 1 and 3 at Toronto Pearson International Airport.

The successful bidder is to be announced in the fall of this year and the project is expected to be completed by the end of 2019.

PDN SPORTS

Attention Peel Sports groups
Please contact our Sports Editor
sports@peeldailynews.com for getting
your groups information in the paper for FREE.

SPOTLIGHT

Kids of Steel Triathlon Set for May 28th Local Caledon club expects 500 to take part



Top local triathletes (Kristen Marchant left and Taylor Reid right) will be on hand to offer racing tips to beginners.

by David Robinson

Way back in the year 2000 when Y2k was a nightmare that never happened a young man by the name of Simon Whitfield won gold in the inaugural Olympic triathlon in Sydney Australia.

To honor that incredible accomplishment his coach and triathlon legend Barrie Shepley started the first Caledon Kids of Steel Triathlon. It was a success, with over 250 kids having the time of their young lives.

Today the race, which is organized by the C3 Canadian Cross Training Club of Caledon, will attract over 500 kids and adults in what has become the kickoff event of the triathlon season.

The race goes Sunday May 28th from the Caledon Mayfield Swimming Pool in Caledon East just 20 minutes north of Pearson Airport. The first participants hit the water at 8 am.

"Simon's gold medal win really put triathlon on the map here in Canada and around the world, states Shepley, so we wanted to do something for the local kids to really keep the momentum going".

"It was thrilling for me to

coach him and see his hard work payoff. He was the first kid to sign up the inaugural KOS triathlon program which I got going way back in 1988, adds Shepley. So it was fitting to organize a race that commemorated what he had done for the sport."

Over the years the race has been the spring board for many local triathletes who have gone on to shine at national and international events around the world.

Andrew Yorke of Bolton Ontario competed on the international scene for many years earning a 4th in the 2014 Commonwealth Games a 7th in the 2015 Pan Am Games and was on the Canadian Olympic team that competed in Brazil in 2016.

Other local athletes that have gone on to compete for Canada include Taylor Reid and Kristen Marchant. These young stars, still in their mid 20's, cut their teeth at this event before going head to head with the best in the world. Reid has won 3 consecutive 70.3 (half ironman) races in Vegas, Puerto Rico and Victoria while Marchant has been a top amateur having won her



Budding triathlete Ross Bechtel hustles to the finish line with the support from champion dad Sean Bechtel. Love the water wings!!

age group in Welland and was recently 4th at a race in St. Anthony Florida.

Aside for serving as a proving ground for local talent the race is really about participation.

The race accommodates all comers from all walks of life regardless of their level of skill or fitness.

The ultimate goal is to get people active and enjoying it. Swimming, biking and running are life sports that keep you fit and healthy and in a good frame of mind. I have personally competed in this race and had a blast doing it.

The race fees are kept low starting as low as \$25.00 attracting kids of all ages from 3 to 70+.

Lots of cool swag, a finishes medal, delicious post race lunch and a chance at great door prizes.

Local companies like Kinetico Water, Benson Steel and Royal Containers donate their staff time and financial resources and local triathlon champions like Sean Bechtel and Daniel Wells volunteer to make the event a success.

For more information on the race go to www.c3online.ca

Brampton Blazers Kick off their Season



Photo courtesy Brampton Blazers

The Brampton Blazers (Burgundy team) have got their fast-pitch softball season started. The Blazers played host to three teams in their inaugural tournament of the year.

Visiting for the week-end of action were the Port Perry Angels, Peterborough Thunder and the Stouffville Storm.

Port Perry won the tournament defeating Stouffville in the gold medal game.

Taking the field for Brampton to kick off is

52	Allison	Dejong
12	Brianna	Moore
20	Lauren	Gould
26	Lindsey	Hibbs
3	Megan	Kicul
14	Megan	Yamamoto
32	Rachelle	Zilavec
9	Riley	Taylor
21	Sammy	Higgins
2	Taylor	O'Neill
22	Taylor	Hancock

Head coach Doug Hancock
Asst Bruce Yamamoto
Asst Paul Gould

Fury reigns over FC in Ottawa dustup

by Joe Snider

Toronto FC were in our nation's capital this week for a meeting with the Ottawa Fury.

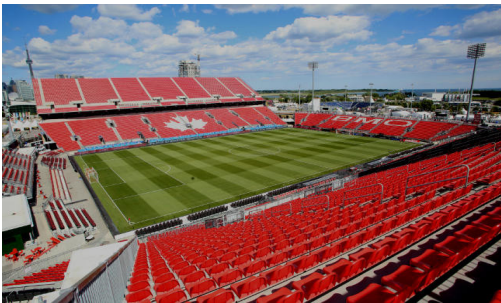
The match, the first leg of the 2017 Canadian Championship semi-final, was the first-ever meeting between the two sides.

Toronto, expecting to walk all over their opponents, dressed a lot of players from Toronto FC II, their reserve team who play in the same league as Ottawa (the United Soccer League, the second tier of North American soccer).

Toronto dominated the first half but their second half performance was sloppy. Ottawa took the victory.

Toronto took the lead ten minutes before half time as Benoit Cheyrou, who was

serving as captain during Michael Bradley's day off, ran between the Ottawa defenders and chipped the ball over the keeper. It was



the French midfielder's second goal in as many games as he scored the equalizer against the New York Red Bulls last Friday. Toronto entered half-time full of confidence and it looked like they were on their way to an easy victory. That was not the case.

Ottawa came out for the second half inspired and energetic, and equalized in the 57th minute on a

penalty by Ryan Williams. The penalty was awarded for a hand ball by Toronto defender Mitchell Taintor as he was trying to block

a shot. It wasn't intentional so no further punishment was given.

Ottawa made Toronto uncomfortable from that point as they controlled possession and forced the Reds to rush and take risks. Ottawa

took the lead in the 72nd minute on a goal from Sito Seoane. The 28-year-old forward turned and fired a shot toward Clint Irwin.

The ball took a deflection off of Drew Moor and into the net. It was a sloppy goal that demonstrated to Toronto that they shouldn't underestimate Ottawa next Wednesday at BMO Field.

The Reds return to regular

Canadians in Sport - The Best of the Best!



Russ Jackson (Born July 28th, 1936)

by Joe Snider

The Hamilton-born, McMaster-educated Jackson was a Canadian superstar in the Canadian Football league.

He was and remains one of the league's greatest quarterbacks of all time.

Jackson joined the Ottawa Rough Riders in the late 50's and, all told, won three Schenley awards as the league's best player and four as best Canadian.

He was named an Eastern all-star six times and was voted all Canadian three times.

He led the Black Riders to three Grey cups, including two in a row in 1968 and 69.

His career numbers; a dual threat---He passed for 24,592 yards and 185 touchdowns.

On the ground: 5,045 yards and 54 majors...

(Note: He played mostly 14 game seasons; the additional two regular season contests came later.)

Jackson was also a notable presence in the Mississauga community. He was the first principal at John Fraser SS in Erin Mills---teaching before that at Brampton Centennial and TL Kennedy.

His first teaching gig came while he was still with the Rough Riders in Ottawa: 1959. (He taught Math) After retiring from the gridiron, he was the principal of Canterbury High School in Ottawa from 1973] to 1975 (once tackling a male 'streaker' during a high school dance).

Jackson briefly left teaching in 1975, spending two years as head coach of the Argonauts. It was not to be.

Always a winner 'til then, he compiled a 12-18-2 regular-season record in two seasons, not reaching the playoffs in either.

Jackson would be later replaced by Leo Cahill, in his second tenure as the Argos' head coach, prior to the 1977 CFL season.

Jackson served as color commentator for the "CFL on CBC" broadcasts from 1971-73, and again from 1977-80.

(Editor's note---Not surprisingly, he was brilliant in the broadcast booth.)

Russ Jackson is an Officer of the Order of Canada and was awarded an honorary doctoral degree in law by McMaster University in 1989.

Jackson remains one of the CFL's reigning superstars, and an important athlete in Canadian sports.

Stanley Cup Finals Heat Up as Sens/Penguins Go To 7



Photo courtesy CBC.ca

The Ottawa Senators and Pittsburgh Penguins are going the distance.

The Sens, led by goalie Craig Anderson with his 45 save performance defeated the Pens 2-1 last night in Kana-ta. Game 7 of the NHL's Eastern final is Thursday night in Pittsburgh. The

winner moves on to meet the Nashville Predators in the Stanley cup final.

Jays Make It Three in A Row

The Toronto Blue Jays have won three in a row!

Wednesday afternoon in Milwaukee saw the Jays clinch their third win in a row over the Brewers - 8-4.

Home runs galore: Pillar, Travis, Goins (A GRAND SALAMI) and a moonshot from Joey B.

After a day off Thursday, the Jays will open a ten

game home-stand with the Texas Rangers in town Friday night. (Without question--the biggest series of the year for TORONTO--21 and 26).

After Texas-- the Reds (and Joey Votto) are at the Rogers Centre for three and the Yankees for four to close it out.

PDN Hockey Trivia

Test your knowledge

1. Who was the first player to score 100 points in a season, twice?
2. Who coached Team Canada in 1972?



answers on page S4

3. Who were the first brothers to play goal against each other in the NHL?
4. Who set a record for consecutive games with at least a point, in 1978?
5. Who was the first NHL rookie to score 50 goals in a season?

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GetReadyLacrossefans!

Another exciting Major series lacrosse season is fast approaching for the Brampton Excelsiors

home schedule

Thursday June 1st 8:00pm vs. Six Nations Chiefs
Thursday June 15th 8:00pm vs. Oakville Rock
Thursday June 22nd 8:00pm vs. Cobourg Kodiaks
Saturday June 24th 7:00pm vs. Peterborough Lakers
Thursday June 29th 8:00pm vs. Brooklin Redmen
Thursday July 6th 8:00pm vs. Peterborough Lakers
Thursday July 13th 8:00pm vs. Oakville Rock
Thursday July 20th 8:00pm vs. Brooklin Redmen
Thursday July 27th 8:00pm vs. Six Nations Chiefs

All home games are played at Memorial arena

Away schedule

Wednesday May 31st 8:00pm @ Brooklin Redmen
Monday June 5th 8:00pm @ Oakville Rock
Thursday June 8th 8:00pm @ Peterborough Lakers
Wednesday June 21st 8:00pm @ Brooklin Redmen
Tuesday June 27th 8:00pm @ Six Nations Chiefs
Tuesday July 4th 8:00pm @ Peterborough Lakers
Tuesday July 11th 8:00pm @ Six Nations Chiefs
Sunday July 16th 7:00pm @Cobourg Kodiaks
Monday July 24th 8:00pm @ Oakville Rock

Why Aren't More Children Playing Lacrosse In Peel Region? by Benedict Rhodes

Canada's national sport—Lacrosse has been played in Peel Region for more than a hundred years.

With that in mind, I find it concerning to see the decline in the number of local youngsters playing the game while sports like soccer, hockey and baseball continue to thrive—with children playing them all year round. I believe lacrosse is just as exciting as these sports but doesn't have the same following and there is a clear reason why: lacrosse simply doesn't get the same media exposure.

The National Hockey League, for example, is covered by every major sports network in North America. Fans can follow their favorite team on television, on social media or in newspapers.

That's not the case for professional lacrosse teams like the Toronto Rock

of the National Lacrosse League (NLL). It's very rare that lacrosse can be found on the major sports television channels which results in a lack of knowledge; a lot of people (parents) not knowing anything about it..

The lack of coverage means that children don't watch the sport and don't have anybody to look up to.

Instead of trying to emulate Bill Hostrawser or Tom Schreiber (players for the Toronto Rock), children are trying to score goals like Auston Matthews or hit home runs like Jose Bautista. Parents aren't inspired to sign up their children because many of them don't know what

the sport is or have any intention of finding out.

Mike Hancock from the Toronto Rock says that "it's not necessarily bad that kids are playing other sports as they're finding things to do" but adds that "it's not great for lacrosse and that more needs to be done to grow the game". He says that the NLL needs to "grow it's presence on social media in order to attract more fans to the Air Canada Centre to watch games."

I believe that with the proper media coverage, our national sport can become one of the more popular participation sports since it's fun to play and incredibly interesting to watch.

If local teams can draw more attention to themselves and get better coverage, it can become one of the most popular sports in Peel Region and inspire the next generation of lacrosse stars.



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PEEL

DAILY NEWS

Brampton Sports Hall of FAME 2017 Inductees

Fran Rider-BUILDER (Women's Hockey)

Fran Rider's name is synonymous with women's hockey. She's been the president and CEO of the Ontario Women's Hockey Association since 1982 and a member of the Order of Canada. Rider was inducted into the IIHF Hall of Fame as the first female builder in 2015 and the Order of Hockey in Canada followed suit earlier this year by making her the first female to enter the hallowed hall.

Mark Evans- BUILDER (Lacrosse)

Dr. Mark Evans follows in the footsteps of his grandfather, E.W. (Billy) Evans (1983), and his father, Gwilym (2009) and becomes the first three-generation member of the Brampton Sports Hall of Fame. Inducted into the Builders category, the Evans' association with Brampton Excelsiors lacrosse has spanned almost 70 years. Mark is presently working on a book about the history of lacrosse in Brampton.

Kelly Craig--Athlete (Softball)

Brampton-born Kelly Craig was marked for stardom from her schooling days and she fulfilled her early promise. She was a key member of several championship winning softball teams until her retirement. She led the Brampton Blazers to the national softball championship in 2000 and 2002 and also was a member of the Brampton Canadettes hockey team that won the provincial crown in 2003/2004.

Don Arthurs-Veteran (Lacrosse)

Lacrosse ace Bill (Whoopie) Arthurs entered the Hall in 1992 and joining him in 2017 will be his son Don Arthurs. Don won his first Canadian Minto Cup title in 1959, Brampton's third consecutive Canadian crown. Don had a sterling career as a Brampton minor, junior and senior. His peewee (1954), bantam (1956) and midget (1958) Excelsiors all won Ontario titles. He's also been inducted in the Canadian and Ontario lacrosse halls.

Bill Zardo--Athlete (Stock Car Racing)

Brampton-born Bill Zardo dominated stock car racing throughout the 1980s. He was Flamboro Speedway's driver-of-the-year, won Flamboro's Late Model titles in 1984 and 1986, and a Molson Series' crown also in 1984. He was Flamboro's Triple 50s champion in 1987 and was inducted in the Flamboro Speedway Hall of Fame in 2013. Three of his children and five grandchildren have followed in his footsteps.

PDN Hockey Trivia Answers from page S2

1. Phil Esposito
2. Harry Sinden
3. Ken Dryden, Montreal/Dave Dryden, Buffalo 1971. Ken won
4. Guy Lafleur – 28 games
5. Mike Bossy, 1978



From the Brampton sports hall of fame PDN salutes Pat White (Inducted November 24, 1999)

Pat played center for the Hamilton Golden Hawks, the Canadian National Championship team that represented Canada in the first-ever Women's World Hockey Championship held in North York in 1987. It was the beginning of Canada's dominance as a women's world champion hockey power, as they were victorious in claiming the title and the prestigious McCallion Cup.

Pat was a member of the Golden Hawks for seven seasons, during which time the team captured six Provincial Women's titles and two National Women's titles. Pat began her hockey career in Brampton, playing five years with the Brampton Canadettes Girls Hockey Association.

Pat was a graduate of Brampton Centennial



Photo courtesy Brampton Sports Hall of Fame

Secondary School before it was broken by her sister attending Julie in 1975. Pat also played for many years in the Brampton Girls Softball Association. Hockey, high jump and softball—Pat did it all.... She was inducted into the Brampton Sports hall of fame in November of 1999.

Morning Smile!

The company where I work provides four-foot-high cubicles so each employee can have some privacy.

One day a co-worker had an exasperating phone conversation with one of her teenage sons. After hanging up, she heaved a sigh and said, "No one ever listens to me."

Immediately, several voices from surrounding cubicles called out, "Yes, yes we do."

LOL!!

PDNLIFESTYLE

Here comes Carassauga's Festival of Cultures!



On May 26th, 27th and 28th, 2017 Carassauga's Festival of Cultures will offer visitors the opportunity to visit over 70 countries, view breathtaking entertainment, taste exotic cuisine and enjoy exhilarating experiences, all without leaving the city.

The Carassauga Festival has grown from its humble roots in 1985 to become the largest multicultural Festival in Ontario and the second largest multicultural festival in Canada. It was originally incorporated to promote public awareness and appreciation of multiple cultures, which it has been doing in an enjoyable, rewarding, educational and exciting manner, consistently for 30 years. Last year, Carassauga attracted 363,750 visits to the Festival.

The Festival weekend kicks off with The Opening Night Ceremony May 26 at 7:30 pm. Held at the

Hershey Centre outdoor stage. The event opens with a Parade of Nations, showcasing our new flag dance and the countries represented at the Festival, clearly depicting the cultural diversity of the city. There will be welcome formalities by the Chair of the Festival and dignitaries, followed by the cutting of ribbons to launch the three-day festival. Non-stop cultural entertainment throughout the Festival weekend is featured on the outdoor stage and at the various stages at our pavilion locations.

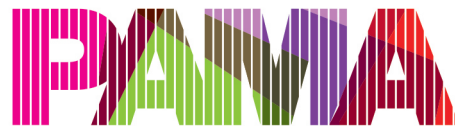
Free admission to the Opening Ceremony with an Adult Carassauga Passport. As well, each pavilion hosts their own opening ceremony, so with 31 pavilions in 9 locations across Mississauga, there is something for everyone!

The Festival provides an authentic cultural experience delivered by many ethnic groups and organizations working together to present their specific culture, food and entertainment. It is an "ever changing", "yet familiar" experience. As Irene

Violette, a loyal Festival visitor of more than 15 years says "Carassauga is just a fun time. You get to visit around the world for \$10, you get to learn about different cultures, meet nice people and try different foods. Every year, each pavilion has something different for visitors to appreciate about their culture".

Many pavilions return year after year. The pavilions of Portugal, Philippines, India, Croatia and Greece are five of the original participants that still participate today. This year the Festival welcomes the Bulgaria, Korea, Nepal, Spain and Sri Lanka pavilion. We also welcome the Streetsville Legion—taking over the Canada Pavilion.

Nothing is more Canadian than people of many cultures sharing their heritage and traditions with great pride. We hope your time at Carassauga leaves you with a broader understanding of the people around you, along with a deeper appreciation of this diverse city and great country of ours.



PEEL
ART GALLERY
MUSEUM +
ARCHIVES



Whether you are new to Peel Region or are just looking to learn more about where you live Peel Art Gallery Museum + Archives (PAMA) always has exhibits, which are enlightening and entertaining.

Located at
**9 Wellington St. E.
Downtown Brampton**

**PAMA has a variety of
programs and activities.**

Artists Open Studio:
May 25, 6 – 8:30 pm

**Book Reading and
Signing with Steve
Paikin, Author of Bill
Davis. – Nation Builder
and Not So Bland After
All - May 25, 7 - 8:30 pm**

**Journeys Comic
Marathon (drop-in):**
May 27, 11 am – 4 pm.

Drawing Workshop:
May 28, 1 – 3 pm Members:
\$29.75, Non-Members: \$35

**Artist Talk with Charles
Pachter:**
May 28, 3 – 4 pm

**Terry Fox: Running to
the Heart of Canada**
on now until June 4

**Komagata Maru: A
Journey to Canada**
– on now until June 11

**Kings and Saints: A
Legacy in Sikh Art**
– on now until June 11

**What Makes This
Country Tick:** Selected
Works by Charles Pachter –
on now until June 11

**Black Enslavement in
Upper Canada - on now
until Sept. 4**

**The Black Community
in Peel the 19th Century**
- on now until Sept. 4

**WALK THE ART in
partnership with the
Peel District School
Board**

June 10 – Sept. 17 - Opening
Reception - June 8.

Year round activities:

**Family Fun Activities:
each Saturday and
Sunday, 1– 4 pm**

• **Knit@PAMA:** each
Thursday, 6–8 p.m.

• **Peel Aboriginal
Network Drumming
Circle:** third Thursday of
each month, 7- 8:30 pm

For more information, visit
pama.peelregion.ca.

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Peel Region’s tips for avoiding “ticks”



by **Marco Patrone**

There are a lot of things to love about spending time outdoors as the summer approaches but ticks are not one of them. They may be tiny (the size of the head of a pin) but these little buggers can pack a serious bite which if left untreated, can cause huge health problems for people and their pets.

One particularly nasty, health destroying result is Lyme disease, described on Peel Regions website as follows:

A bacterial illness that is spread to people and animals through tick bites.

Was first identified in 1975 in Lyme, Connecticut.

Can affect your joints, heart and nervous system.

Happens in phases. Is treated with antibiotics if caught early.

Ticks are blood-sucking parasites related to spiders and grow in size as they ingest blood from their unfortunate human or animal hosts so avoid becoming one!

The Region of Peel is monitoring ticks as part of its Disease Prevention Plan and its website offers tips for avoiding bites and their related health problems.

Ticks live in wooded areas rich in leaf litter and long grass. If you’re walking an area where infected ticks are commonly found, take precautions.

Checking regularly for ticks and removing any attached ticks immediately.

Wearing long-sleeved shirts that fit tightly around the wrist and long-legged pants tucked into socks or shoes or boots. Light-coloured clothing makes it easier to see if ticks land on your clothing.

Applying insect repellent containing DEET to skin and clothing.

Showering or bathing within two hours of being outdoors to wash away loose ticks.

If you are bitten it’s important to take action as soon as possible. The longer an infected tick is attached to your skin, the more you

become susceptible to Lyme disease infection. Normally, infected ticks don’t spread the bacterium during the first 24 hours. Their bite doesn’t hurt so you may not notice you’ve been bitten until you see them attached to the skin. Peel Region’s tick experts offer the following advice to those who get bitten:

Remove the tick immediately with tweezers. Grab the tick as close to the skin as possible. Gently pull the tick straight out until the tick releases its hold on your skin.

Use soap and water to clean the spot where you were bitten. You can also disinfect the area with rubbing alcohol or use

antibiotic ointment. Wash your hands.

It isn’t unusual to have more than one tick attached, so check your whole body.

Contact your doctor or Peel Public Health (if you reside in the Region of Peel) to see if you should have the tick tested.

See your family doctor if you develop any symptoms of Lyme disease.

Oddly enough, there is no vaccine for Lyme disease for people but there is one for dogs. Talk to a vet who can advise you about vaccinating your dog against Lyme disease.

Peel Region notes that, “pets can come in contact with ticks during

walks in grassy or wooded areas. The best way to protect your pet is to avoid areas known to have an active tick population and to keep your dog on a leash in heavily wooded or natural areas.”

So far the region reports no human cases of acquired Lyme disease this year. Lets keep it that way!



Ready to Rock This Caledon Day?

by **Alex Gregory**

Juno award-winning rockers Sloan are set to take the stage on Saturday, June 17 during the tenth annual Caledon Day festival, being held at the Town Hall Campus.

Established in 2008, the Caledon Day was originally created to celebrate the community’s heritage, history and diversity. Since then, the event has grown into a fully-fledged festival, hosting multiple zones and activities and attracting over 50,000 visitors, friends and families.

Husky Injection Moulding Systems, which was founded in Bolton, is this year’s lead sponsor. Sloan will be taking the main stage at 8:30 p.m., along with a host of other bands who will be performing throughout the day.

“Our mandate and our markets are worldwide,” said John Galt, President and CEO of Husky. “But we’ve never forgotten our roots here in Caledon and it gives us tremendous pride to be associated with this wonderful community event.”

This year’s event also includes a new Heritage Zone. Visitors can celebrate Canada’s 150th birthday and 150-plus pre-Confederation buildings in Caledon by taking part in families activities organized by Peel Art Gallery, Museum and Archives. Participants can also learn about creating an oral history with a workshop hosted by the Caledon Heritage Foundation.

Stay tuned to Peel Daily News for further updates!

Get Up, Get Out and Get Active This June!

The City of Brampton will be hosting a variety of free, fun activities to celebrate Recreation and Parks Month, Bike Month, and Seniors Month – all taking place in June:

Bike to Work Day – Monday, May 29
Kick off Bike Month with a celebration and ride in Garden Square from 7:30 – 9 am. Register at www.bikemonth.ca/biketoworkday for your chance to win prizes.

National Health and Fitness Day – Saturday, June 3
Get your body moving at Chinguacousy Park for outdoor Boot Camp from 9:30 – 10:15 am, followed by Zumba® from 10:30 – 11:15 am. All activities are FREE.

Springfest – Friday, June 9
Celebrate Seniors’ Month with a free trade show at the Flower City Seniors Recreation Centre auditorium from 10 am – 12 pm.

Bike Fest – Saturday, June 10
Between 11 am and 4 pm, ride your bike to CeleBrampton and win a prize! Bike Fest will be located on Wellington Street West.

International Yoga Day - Wednesday, June 21
Experience outdoor yoga at Mount Pleasant Community Centre from 7 – 9 pm. Admission is free with the donation of a non-perishable food item. Bring your own non-slip yoga mat.

Do You Know a Teen with Talent?

by **Alex Gregory**

Is there a local teen in your neighborhood with an eye for singing?

The Mississauga Arts Council’s (MAC) Limelight Youth Association is partnering with the Rotary Club of Peel’s Rotaract Youth Group to hold a “Teens With Talent” juried singing contest.

Interested youth singers are invited to submit their work to MAC for a chance to perform at the Streetsville Bread and Honey Festival. The winning performer will receive an automatic placement in the finals of the Singfest competition during the Mississauga Rotary Ribfest in July, as well as recording time at Metalworks Studio.

The top 30 finalists in the competition will perform at the festival on Saturday, June 3 from 2 - 6 p.m., with the top 3 finalists being invited to perform again and have a winner selected the following day (Sunday, June 4).

Participants in the competition must submit an audition video (Youtube videos accepted), a short 50-word bio and contact information to Nansy Khasano at media@mississaugarts council.com.





Peel Daily News Food & Drink

Capra's Kitchen Save Room For Dessert!



It's never too late to discover a wonderful new eatery, and Capra's Kitchen deserves a notch in your diner's card.

Photo credit Trish O'Flaherty

by **Victoria Kaye**

World-renowned chef and cookbook author Massimo Capra has been living his own *Restaurant Makeover*, as he has finally finished remodelling a former bakery in the heart of Mississauga's Clarkson Village into Capra's Kitchen.

Capra's Kitchen is a foodie's adventure and although celebrity chef influenced, it is not haute cuisine. It's an urban eatery, where elbows rest on the table, joyous laughter fills the air, and table chatter overpowers the sound system.

Our appetizer needed Executive Chef Ryan Wilson-Lall to assist Massimo to deliver an epic char-

cuterie board; an artist's palette expressing a cornucopia of culinary tastes and colours. Authentic to his Italian roots, Massimo pays homage to the various cultural influences and flavour profiles from the shores of the Mediterranean. Middle-Eastern mezze favourites of labneh, hummus, and marinated olives along with vegetables complement the breadth of Italian salumi, cheeses and artisanal breads, roasted cherry tomatoes, and puffed parmesan, providing a palate-pleasing contrast of spicing and flavours.

Vintage English bone china saucers, crystal, and porcelain tableware hand-picked from various flea markets and antique shops are found not only

on tables, but repurposed as light fixtures. Wrought-iron stair spindles are forged into the bar, and an inherited library of pots and pans from bakeries past are now pieces of art found throughout Capra's Kitchen. Massimo's wife Rosa Capra has a passion and a natural flair for interior design, and as a former hairstylist, understands the need to make an entrance and command attention, without distracting from the main attraction—the food.

Leaving his successful Toronto restaurant Mistura two years ago, Capra's Kitchen is now a mere two kilometres from their Lorne Park home. For Massimo, life revolves around food; Capra's Kitchen is the heart



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Dishing it up with celebrity chef Massimo at Capra’s Kitchen



Photo credit Trish O’Flaherty

and what it produces, is the soul. “This is where recipes are developed for all my projects,” Massimo explains that everything sourced is from the freshest ingredients and local to the food style, whether from the farm fields in Italy or local farmers and artisans here in Canada.

The words local and global are universal to Massimo. “Local is good, but in Canada, it’s tough. We are global

communities, and everyone wants to eat, what they want to eat. It’s hard to accept the fact that six months of the year, you cannot grow anything...” and it would be very difficult to operate an Italian kitchen.

A favourite on the menu is the Pancetta Wrapped Stuffed Chicken, which back in Italy, is something served on special occasions. At Capra’s Kitchen, the original recipe has been

modified, where the chicken leg is completely boneless, and seasoned with celery, onion, garlic, parsley, lots of parmesan rigano, then filled and rolled. It’s wrapped with a paper-thin slice of pancetta, and roasted in its own juices; then glazed in the pan with wine, a small amount of butter and rosemary, and served with buttered grapes and crispy leeks. Yum!

And like our appetizers,

our dessert was enticing and flavourful, flawlessly presented yet again on a gorgeous sharing board made with felled olive trees from Italy. The creative palate found throughout is not limited to the plate. There is personality and whimsy with every bite and sight as you know every decision or influence found throughout was borne from the collective imaginations of Massimo and Rosa.

Massimo loves to kid around, and has a healthy sense of humour, yet he doesn’t joke when it comes to food. He has written many a cookbook and shares openly his favourite recipes, but what he loves most is cooking for people.

Next time you are looking for a place to dine, set your GPS for Clarkson Village and Capra’s Kitchen; there’s a seat at a table waiting for you.

Happy Birthday!
May 26th

CELEBRATING BIRTHDAYS TODAY

Actress Helena Bonham Carter is 51

Fleetwood Mac singer Stevie Nicks is 69

Rocker Lenny Kravitz is 53

And if it’s Yours
Happy Birthday!

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The Wine Ladies visit Kendall-Jackson Winery in Sonoma County.

Sonoma County...

Sonoma County, California—glorious sunshine, stunning landscape of rolling vineyards caressed by the coastal winds of the Pacific Ocean—perfection for grape growing, particularly Pinot Noir, Chardonnay, and Zinfandel. The wineries are somewhat spread out, allowing for picturesque sun-drenched road trips made extra pleasurable thanks to the gentle cool breeze that characterizes this region.

If Napa Valley is the Disneyland for wine lovers—and make no mistake it is a phenomenal wine region, sure to be on one's bucket list—Sonoma County in contrast is a little more casual and laid back, taking life perhaps a little less seriously. Not so for their wines, however! Brilliant wines come out of this coastal region consistently garnering prestigious awards in both national and international competitions.

We recently had the opportunity to visit Sonoma County as guests of Kendall-Jackson Winery, founded in 1982 by the legendary Jes Jackson. Legendary, as Jes Jackson created a wine empire at breakneck

speed, breaking all kinds of records, shifting paradigms of winemaking, creating award-winning wines and spearheading important changes and advances in the California wine business.

Jackson was a family man, who originally bought a pear and walnut orchard in Lakeport for himself and his family as a respite from his bustling law practice in San Francisco. Not a respite at all as it turned out. At the age of 52, Jackson created his first wine, forgoing the walnuts and the pears for wine grapes.

The Vintner's Reserve Chardonnay in 1982 was launched, putting Chardonnay on the map in California. To date, Vintner's Reserve Chardonnay has been the top-selling Chardonnay in

America for over 22 years.

Kendall-Jackson Winemaker Randy Ullom describes this winner this way: "Beautifully integrated tropical flavours such as pineapple, mango, and papaya with citrus notes that explode in your mouth. These flavours delicately intertwine with aromas of vanilla and honey to create depth and balance throughout."

It was an adventure for our spirit and our palates that included a helicopter ride, a tour of duty in the KJ Sensory Gardens, harvesting unusual veggies, roles as sous-chefs, wine chief operators, and more!

To read more about our Kendall-Jackson Winery adventure, visit... www.thewineladies.com



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Arts & Culture Report

by **Vernon Baney**

There's plenty of great music to excite the senses in Peel this week.

May 27 sees two different shows at the Living Arts Centre in Mississauga. In the RBC Theatre, the Mississauga Festival Youth Choir presents One! Join the MFYC as it continues to celebrate its 20th anniversary.

One! is a showcase designed to highlight the diversity of music across different cultures. The show begins at 7 pm; tickets are 20 dollars.

The same evening, Ham-merson Hall at LAC will see a grand performance from the Mississauga Symphony Orchestra. The Roman Festival gala concert brings the orchestra season to a close. Evoking ancient roman festivals, Maestro

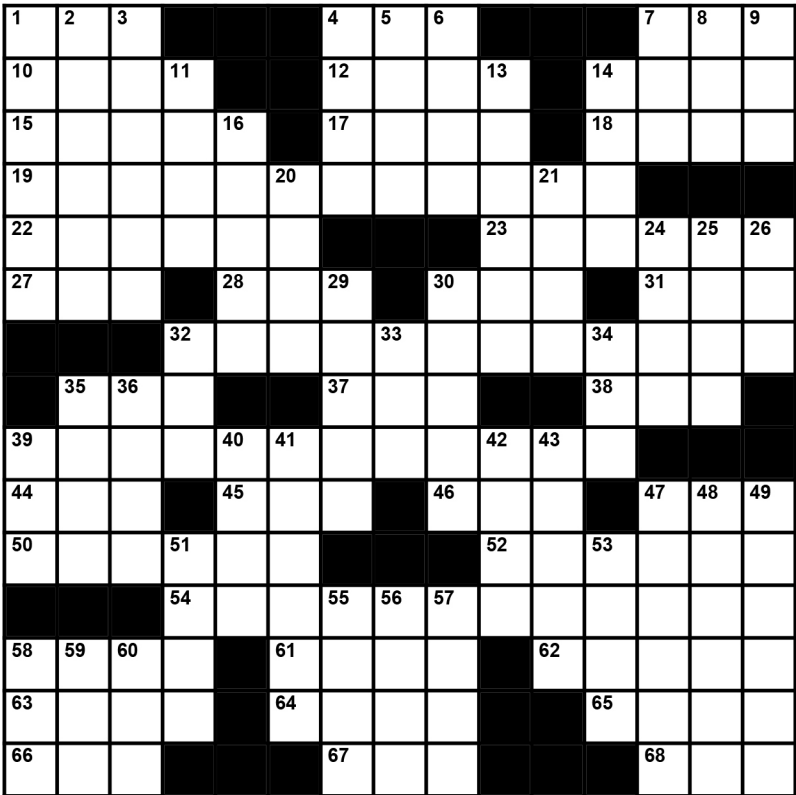
Denis Mastromonaco leads the MSO through what is sure to be a fascinating and engaging performance. The show begins at 8 pm May 27, and tickets range between \$50 and \$85.

In Brampton, the Brampton Folk Club will be holding its annual showcase May 27th at Sanderson Hall, in St. Paul's United Church. Featuring talented artists from the Brampton community, the annual showcase is a relaxed, coffee-house style event. Enjoy original and familiar folk songs. The concert is at 7:30 pm; tickets are \$15.

The Brampton Festival Singers brings one of the final works of a classical master to the Rose Theatre. Bach's "Mass In B Minor" was completed in 1749, only a year before the famed composer's death.

This concert has been two years in the making and features the Headwaters' Concert Choir, The Brampton Festival Singers, and the Rose Orchestra. The show is May 28, at 3:30pm. Tickets are \$25.

Finally, The Caledon Concert Band gets the celebration for Canada's 150th birthday underway on May 28, at the Caledon Community Centre. The Caledon Concert Band has been active since 1974, and performs a wide range of music throughout the year. This concert will highlight Canadian musicians in a variety of styles, and features some songs that are rarely performed. The show begins at 2 pm, and tickets are \$15 for adults or \$10 for seniors (65 and over) or students with ID.



PDN Crossword

Puzzle by Myles Mellor

Your Daily Break

PDN is happy to provide “you” our cherished reader, with a moment of pause and relaxation..

With everyone’s busy schedule and the hustle and bustle of everyday life in Peel, you owe it to yourself to take the time to sit down and do something that is enjoyable , creative and integral to keeping you young, witty and sharp.

We hope you enjoy this month’s crossword. You can find all the answers by subscribing to our online newspaper at www.peeldailynews.com or call us, and we’ll email you the answers right to your inbox!

Across

- 1. Welcome site
- 4. Carte or King
- 7. Drink that can be hot or cold
- 10. Makes known
- 12. On your own
- 14. Two-masted sailing vessel
- 15. Fruit, sometimes
- 17. Times to calendar
- 18. Rapier
- 19. Something to turn heads with
- 22. City where "Caasion Royale" was filmed
- 23. Far _____
- 27. Wind direction, for short
- 28. Cries of regret
- 30. Buddy
- 31. Aloha gift
- 32. It has no blemishes
- 35. Mani pedi place

- 37. 16th President
- 38. Pack animal
- 39. " _____ , style is eternal" Yves St. Laurent
- 44. ____ all in a day's work...
- 45. Dentist qualification
- 46. Date
- 47. Legal group, briefly
- 50. Connected back again
- 52. Responsibilities
- 54. Trend setters
- 58. Emeril, for example
- 61. Aromatherapist's substances
- 62. Intermix
- 63. Wrath
- 64. Diamond of records
- 65. Pepper's partner
- 66. When repeated, a Latin dance
- 67. _____ Paolo
- 68. "Of course"

Down

- 1. _____ Butterfly
- 2. Brit. version of AC
- 3. Three in one
- 4. Between ports
- 5. Pierre _____, French novelist
- 6. Winglike
- 7. Dance type
- 8. Farm female
- 9. Pub brew
- 11. ____ good example
- 13. Awards
- 14. Abominable Snowman
- 16. T-shirt picture
- 20. Georgetown athlete
- 21. Alien space crafts
- 24. Civic group
- 25. Welcome tokens in Hawaii
- 26. Hubbub
- 29. Graceful white birds
- 30. Gripes
- 32. Musical scale note
- 33. Weight abbr.
- 34. Envelope that comes back
- 35. Be enough for
- 36. "Over here!"
- 39. Evergreen
- 40. Brain wave
- 41. ____ favorite
- 42. Long time
- 43. Jeans material
- 47. Off
- 48. Snoopy, for one
- 49. Desirable qualities
- 51. Not solid
- 53. Applications
- 55. Goes quickly
- 56. Memorab _____
- 57. Northern capital
- 58. Ozone depleter, abbr.
- 59. Exclamation of bewilderment
- 60. Tide competitor



New home starts for Peel Region

The Canada Mortgage and Housing Corporation (CMHC) reports

Brampton leads the region in April new home starts at 461 or 1,552 for the year. That's an increase from 326 and 1,179 new home starts for the same periods in 2016. Brampton's building activity has been dominated by fully-detached homes this year with 802 followed by town homes at 472.

Mississauga had 15 new home starts in April or 700 for the year. That's a slight decrease from April 2016 when Mississauga had 21 starts, but a big increase over the first four months of 2016, which saw 257 new home starts. That increase is due to apartment starts (condominium and rental units), which accounted for 625 starts.

Caledon had 11 new home starts in April: 172 in total for the year. Last April, Caledon had 17 new home starts: 100 for the first four months of 2016. All of Caledon's new home starts in April 2017 and 2016 were fully-detached homes, however the town has seen 82 starts for town homes this year versus 16 in 2016.

starts



Brampton Folk Club Annual Showcase



Photo courtesy Brampton Folk Club

Brampton Folk Club Annual The Brampton Folk Club will hold its Annual Showcase Concert on Saturday May 27 at 7:30 pm at Sanderson Hall, in St. Paul's United Church: 30 Main St. S. in Brampton. This coffee-house style folk music concert features a wide variety of music and lots of members of the Brampton Folk Club playing plenty of familiar and original songs. A fundraising event, this

concert helps finance the club's participation in many community events. This year's theme is "Canadian People and Places", as it takes a look at some of the things that make us proud to be Canadian. "We've got a great mix of originals and covers, including songs by the likes of Gordon Lightfoot, Joni Mitchell, Stompin' Tom, Connors, and Blue Rodeo, featuring pieces about down east, out west, and up

north," the club says. Tickets are \$15 for adults, and \$12 for students and seniors. Tickets are available at the door, at St. Paul's church office, or through reservations by calling 647-BFF-FOLK (647-233-3655), or by emailing info@bramptonfolk.ca. Tickets are also available for \$15 through the City Theatre Box Office (905-874-2800). For more information, please visit www.bramptonfolk.ca.

PDN Poem of the Week

O,crystalline figure

by Chris Nichols

O, crystalline figure cascading down,
With frigid branches thou dost softly flow,
Ay, though slides't upon a cold northern crown,
While caught amidst a nairy ebb and flow.
From erethy frosty birth grace has glistened,
But fortune's hand tempers beauty's gleam,
Assuch rare faculty fades when christened,
Given and taken on a minutes stream.
Perchance thy lustre survives coming storm,
For when Fate's minstrelsy blindly spins a loom
Making no time for nature's frail form,
Thy body may melt, but thy soul still plume.
O, fleeting monument cascading down,
Softly falling through a cold northern crown.

If you have a poem you wish to be featured, send it to us at features@peeldailynews.com

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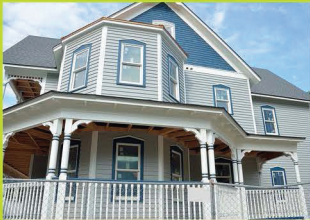


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